

**August Instructions Instructions**  
**Willem van Aelst Study**  
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**Video Links**

[Full Video-August Lesson Disk 8](#)

**Video Lesson in 4 parts**

Lesson Link Video Part 1 of 4- coming soon

Lesson Link Video Part 2 of 4- coming soon

Lesson Link Video Part 3 of 4- coming soon

Lesson Link Video Part 4 of 4- coming soon

**Global Colors- Place on a multi-media palette.**

Ultramarine Blue

Phthalo Blue

Carbon Black

Dark Grey

Burnt Umber

Quinacridone Gold

Indian Yellow

Hansa Yellow or Diarylide Yellow

Raw Sienna

Medium White

Titanium White

Medium Beige

Brown Madder-Optional

Raw Umber

Extender Medium

**Painting the Mouse and back Flowers**

**Step 1**

Transfer the main lines of the back flowers and leaves with white graphite. We do not need to grisaille paint these because they are so soft. We can just use our global colors. For this painting I will be showing the Global Arts # 8 Round Watercolor brush. Many of my students this year have used this brush in florals and find it make blending much easier.

Start by picking up some Pine Green, Phthalo Green Blue, Raw Umber and Carbon Black to make a cool dark green. This should just show up a little on the background. Use this color to base in the leaves and the calyx of the back flowers. You may need to add just a touch of white to make it show up. Add some of this to the other leaves we painted earlier so you have a smooth transition between objects.

**Step 2**

Lightly glaze some of this cool dark color over the center large stem to push it back. Add some to the calyx of the large double hollyhocks.

Pick up a little warm Indian Yellow or Diarylide Yellow and touch white and add just a touch of slightly lighter color to the highlight side of the leaves. Make sure the color does not become lighter than the existing flowers and leaves. Leave it dark so it recedes. Just a little color movement for interest but not too much.

Make sure you are painting out your graphite lines as you base in the leaves and calyx.

**Step 3 Video Reference- 15 minutes**

Add a little black to the color and shadow the base of the leaves as they go under the flowers or other leaves. If you need more green, use Phthalo Green Blue because it is cooler. Use this color to help push back any graphite lines you might find on any leaves in the painting. Add a little dark as a thin wash to the center leaves to increase the shadows.

#### **Step 4**

Mix some Pine Green and Raw Sienna, add a touch Indian Yellow and add some of this as a thin wash to the center leaves to add some additional color interest. Add a tiny touch of white and add some light details to the spent double hollyhock in the center and to some stems. I use just the point of the watercolor brush for this. If you do not have this brush, you can use a small round brush.

#### **Step 5 Video Reference- 25 minutes**

Lightly glaze on some of the greens to the front leaves varying the colors and values for interest. Add a touch black and Phthalo Green Blue and add some shadow as the leaf goes under the flowers. Vary greens by mixing Pine, Raw Sienna, Raw Umber, Indian Yellow. Looks for color variation which is the key to interest.

#### **Step 6 Video Reference- 33 minutes**

Pick up some Naphthol Red + touch Grey and Black to cool it down and lower the value becoming very close to the background. Add the red petals to the back flower on the right side. Brush mix the colors so you get a little variation. Deepen the color with a touch more black and shadow next to the calyx, and between the petals. This will bring the calyx of the flower a little more on top.

Add just a tiny touch of white to the initial red mix and add a highlight side to the petals. Do not make these too light or they will advance in the painting.

Use these same colors and techniques for the top bud on the right side.

#### **Step 7 Video Reference- 39 minutes**

Pick up some Naphthol Red Light and Red Violet and add additional color to the center red bud. Pick up a touch of Carbon Black and darken the edges. Wipe your brush and pick up some Medium White and touch Indian Yellow and add some highlight to the center of the bud. Use very light pressure on the brush and don't blend too much. Variation adds interest. You can use the edge of the brush to give the impression of some folded petals in the center of the bud.

Pick up some pine green and touch Medium White and Indian Yellow and make a few small sepals on top of the bud. Add a few darks to these with Pine Green, Phthalo Green Blue, Carbon Black and Raw Umber. Soften these darks by wiping your brush and dragging through the petals. You can even pick up a little light green on your brush to assist this.

Use these techniques on the other bud. **Video Reference- 45 minutes**

### **Step 8**

Work a little of the dark red from the center buds into the hollyhocks and some of the dark greens from the leaves through the design. A good rule to follow is...if you make it, move it. So add some of these colors throughout the painting which will travel the color and soften the effects.

### **Step 9 Video Reference- 50 minutes**

Once you have traveled the red on some of the hollyhocks and roses, soften them with warm, light colors, Medium White to touch White. This will “sink” the reds into the surface of the petals. Light color should sit on dark.

### **Step 10 Video Reference- 59 minutes**

Mix Ultramarine Blue+ Raw Umber and Carbon Black. Use this to glaze back the dark shadows of the center vase. This will also give us something to work our colors into. I like to use this color to back paint the leaves, in other words, clean up the edges of the leaves.

Very transparently wash some of the dark over the center of the vase to give us something to work into. Wipe your brush. Pick up a little grey, Medium White and Medium Beige to make a very grey tone light color. Work this color into the center area of the vase. Add a little more Medium White and add the center rim or band and some shines using the point of your brush.

Using some of the light greys and blues start some of the vase details in the center of the vase. **Video Reference- 107 minutes**

### **Step 11 Video Reference- 115 minutes**

Begin to glaze some of the dark blue/grey color from the vase onto the foot of the vase. Use this in the shadow areas. Then, wipe the brush, pick up some Quinacridone Gold and lightly glaze over the yellow areas. This will give us nice color variation before applying the highlights.

Pick up some Raw Sienna, Indian Yellow and Medium White. This will make a nice lighter, somewhat toned color to add some highlights to the metal. Tap in some shines and streaks of this color for interest. As the color gets lighter, the area you put it should get smaller.

If you get too much light color, do not wipe it off. Paint it out using some dark color. This will give more color variation and make the metals shine better Take your

### **Step 12 Video Reference- 138 minutes**

Give the mouse a light coat of Extender then wash with Raw Sienna. Wash some Quinacridone Gold and Raw Umber in some areas. Establish some shadows with Raw Umber + Carbon Black and a touch Blue or Quinacridone Gold. This will establish our shadows and also give use something to work into.

Deepen the eye with some Carbon Black. Make the back of the mouse almost the background color so it recedes.

Mix Raw Sienna + touch Medium White and maybe touch Medium Beige. Make a soft warm light color and streak a little on the top of his back leg. Use the point of your brush to make small streaks. You are not looking to make perfect hair because he is out of the center of interest and we want to give the impression of hair but not the details of the hair which will cause him to increase in interest and compete with the center hollyhocks.

Lighten throughout his body just a little mixing Raw Umber, greys, Medium Whites, Raw Sienna. This will give nice color variation. **Video Reference- 148 minutes**

Add some light colors to the feet and some highlights to the eyelids and shines.

Add a little Carbon Black, Raw Umber, Burnt Umber shadows under the mouse to help him sit down on the table. This is the contact shadows and the cast shadows.

Next lesson the dragonfly and Hollyhock details....



