

**October Instructions**  
**Willem van Aelst Study**  
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**Video Links**

[Full Video-September Lesson Disk 10](#)

**Video Lesson in 4 parts**

Lesson Link Video Part 1 of 4- coming soon

Lesson Link Video Part 2 of 4- coming soon

Lesson Link Video Part 3 of 4- coming soon

Lesson Link Video Part 4 of 4- coming soon

**Global Colors- Place on a multi-media palette.**

Ultramarine Blue

Phthalo Blue

Carbon Black

Dark Grey

Burnt Umber

Quinacridone Gold

Indian Yellow

Hansa Yellow

Vermilion or Perinone

Raw Sienna

Medium White

Titanium White

Medium Beige

Brown Madder-Optional

Raw Umber

Extender Medium

**Flower Details**

**Step 1**

First we will work on the center left set of double hollyhocks. Give the surface a light even coat of Extender Medium and wipe off the excess. In the last video I was working with the watercolor brush. For this video I will use a small #4 flat or filbert to show the difference in the brushes. You may use any brush you desire.

Mix some value 3 Grey and Medium Beige. Start in the shadows on the front petals and work around the flower. Let this color be a little transparent for some color variation. Add some Brown Madder on the edge and redefine the reds in the shadows. Add a touch of orange to vary the color. Wipe the brush. Pick up a corner of Medium White + White and using just the edge of the brush, lighten the edges of the petals and work the color towards the shadows. Use short choppy strokes and avoid making anything smooth or plastic looking. As you work around the flower, darken the color with a touch of grey to Medium White. Add final tints and small ruffles with reds, and greys. See video for details. Reference 25 minutes. Keep working around the flower while heading towards the center.

**Step 2 Video Reference 46:00**

**Back left hollyhocks.**

Make sure you have a light even coat of Extender Medium. While this is wet, add some of the reds and greys as you did on the front hollyhock in step 1. Tint heavier reds in the front of the flower. To soften and highlight we will use Medium White, grey and White, but no lighter than what you find on the left front hollyhock. Corner load the brush with some Medium White and start the ruffles and petal edges.

In all these steps please remember that you are refining the painting, not painting the objects again. If you paint too heavy or too opaque, you will lose what we have worked and built on in all these lessons.

Keep the edges of the back flowers soft, (lost) so that they recede. If you clean them too much, they will advance and you will lose the depth we have created.

### **Step 3 Video Reference- 101 minutes**

Work the smaller front petals on the front hollyhocks. Wash with some Extender and a little dark value 3 grey. Give a light coat, then using a small #4 filbert or flat, tint on some Naphthol Red Light + Red Violet. Then pick up some Medium White to White and starting in the front, add the detailed petal edges that will cause the hollyhock to advance.

### **Step 4- Back Red HollyHock- Video Reference 111 Minutes**

Light coat of Extender Medium. Wash with Dark value 3 grey and some Carbon Black. Pick up some Raw Sienna, Naphthol Red Light, Brown Madder and Medium White. Start in the front of the hollyhock and built the front light petals. Don't paint out all the deep dark because we need that color to cause the hollyhock to recede.

Edge the small brush in a little more Raw Sienna, light grey or Medium White and add some of the light petals in the front. Tap and stroke to create interest. Let the color run off into the light red on the front of the flower. Keep comparing this light color to the colors on the other hollyhocks to make sure you do not get too light. Streak into the light with some Red Violet working from the base up. Play back and forth with the dark and light until you get some interest without advancing the hollyhock.

### **Step 5 Video Reference- 1:21 minutes**

Follow the same techniques as you paint the back hollyhock in the top right corner. Wash with some dark greys, Red Violet and Carbon Black. Add the outside white petals with some dark greys. Keep them soft and understated (lost) so they recede. Mix Brown Madder and Grey to make a lighter pink/grey to add some petals. Keep this soft. Lighten the edges with some lighter pink and Medium White. Steak the petals with this color to add some interest, but make sure it stays darker than the large front hollyhock so it recedes.

When you have the hollyhock finished, clean up the edges of the large forward hollyhock so that they stay in the front.

### **Step 6 Mums Video Reference- 1:36 minutes**

Give the surface a light even coat of Extender. Tint the mums with Raw Sienna + Extender Medium. Dress the brush in some dark value 3 grey and wash in some shadows and the shadow side of the mums. Tint with some Raw Umber and even add a touch of Ultramarine Blue to help add some color difference.

Mix some Raw Umber, Grey and Carbon Black. Add some of the darker petals that you see in the photos. These are inside the mum and will add lots of interest.

Wipe your brush and pick up some White. Edge the brush and begin to add the very sharp, clean tips to the petals. This will cause them to advance.

Pick up more white and add the center petals. These can be a little lighter than the outside ones for more roundness.

Continue on to the other Mum. **Video Reference 1:53 minutes.** Follow the same techniques and color progressions.

In the next lesson we will paint the rose, finish the watch and start the final details on the leaves.